

FRIENDSHIP | SERVICE | LIFESTYLE

# LADIES CIRCLE ZAMBIA

## ZAMBIA KU CHALO!!!!!!

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ISSUE NO.  
02-  
2024

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# EDITORS NOTE

My dearest Circlers, and friends,

Welcome to our second newsletter of the 2024/25 Circle year. I am so excited to share more amazing content with you from across Ladies circle and the 5 clubs.

This issue is mostly about celebration! Celebrating each other and the amazing accomplishments and skills of our members. From the Crowning of one of our very own as LCI President to the Charter of our Godchild. Indeed we have a lot to be joyful over.

As we hit the half year mark in our circle year, may we also take a moment to rededicate and recommit ourselves to our motto of friendship and service as we work hand in hand to help those we have chosen to serve.

I hope you enjoy reading this as much as i enjoyed putting it all together. Thank you to all those who shared their stories and contributed to this publication.

In friendship and service,



Petronella Chilwesa  
Vice President | Editor





# PRESIDENT'S GREETING

Dear Circle Sisters,

Warm greetings!

As we continue on our journey together, let's celebrate the power of commitment and leadership. Committed leaders inspire others to contribute their best efforts and uphold the key values of our association.

We need to strive on strong pillars to find fulfilment in what we do.. Therefore allow me to share the four pillars we can stand on as we navigate:

- Confidence: Believe in your abilities, decisions, and vision to instill trust and motivate others.
- Connection: Establish strong relationships with each other and stakeholders, fostering collaboration and open communication.
- Commitment: Align your actions with a higher purpose, driving growth and progress.
- Courage: Act decisively, taking calculated risks and standing up for your beliefs.

By embracing these principles, we unlock our leadership potential. Let's recommit to our shared vision, uplift others, and create a brighter future for all.

Best regards,

Mubanga L. Nundwe

President, Ladies Circle Zambia



# LADIES CIRCLE ZAMBIA

Our motto is "Friendship and Service" and our aim is to promote friendship, understanding and goodwill by encouraging members to extend their knowledge of each other and to provide an opportunity to make friends for life!



Ladies Circle Zambia an affiliate of Ladies Circle International was formed in 1983 by tablers' wives. The national board that governs all the circles in Zambia was formed in 1994. We operate in smaller group called circles and meet in peoples' homes and currently exist in 5 towns.

We are part of the larger Round Table International Family. Today LCI is an international service organization represented by approximately 13 000 members, in over 40 countries across continents Africa, Asia, Europe and North America. We give our time and commitment to raise money for the needy and make a difference.



## TELL A FRIEND ABOUT US TODAY!



# *The Road to becoming* **LADIES CIRCLE INTERNATIONAL PRESIDENT**



## LISHA KUFEEKISA

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I was introduced to Ladies Circle in 2011 and spent some time enjoying being a friend to the Circle before being officially inducted in 2012. I actually discovered Ladies Circle through my husband, though back then, he was just a young man trying to date me! His colleague, Christabel Banda, was a Circler and was selling tickets for a fundraising event. Knowing my passion for giving back to the community, he bought a ticket for me, hoping it would help us connect. And it worked! I attended that event, and from that moment, I was hooked on Ladies Circle.

My sponsor told me from the start, *"This place will be as good as you make it."* When I saw the purpose and sense of community within Circle, I knew I'd found a place where I belonged. The friendships I've formed with women worldwide have been incredible blessings. Service was also a big part of why I joined. I've served as project convener twice at different levels, and each time I visit a project site, it renews my commitment. It's inspiring to be part of a group of women who give selflessly, and the rewards are beyond what words can describe.

I was also drawn to the professionalism and respect within the group. From the very first meeting, the way the women carried themselves made me think, This is where I want to be. Since then, I've had the opportunity to serve at many levels—Chairperson of Lusaka Ladies Circle No. 4, and later on the National Board as PR, National Projects Convenor, National Vice President, and President. Every role has helped me grow, teaching me about leadership, connection, and the impact of shared purpose.

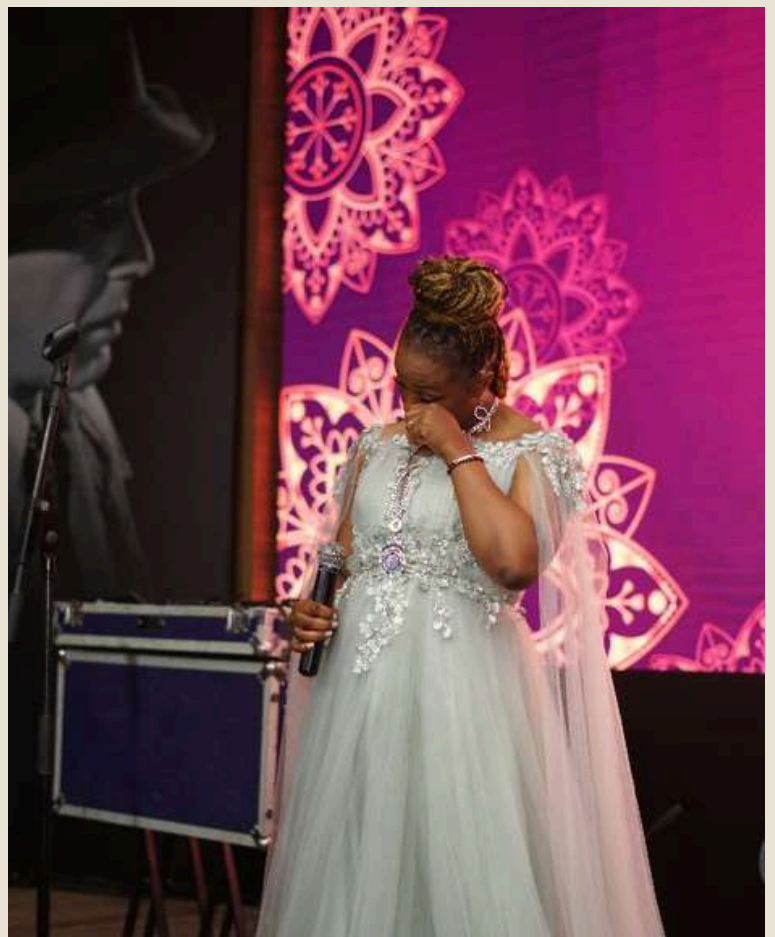
*Young, Beautiful And Smart.*



# TELL US WHAT BECOMING LCI PRESIDENT MEANS TO YOU.

Becoming LCI President means so much to me—it's an honor and a chance to learn and grow alongside everyone in the organization. This role is my way of giving back to a group that has given me so much already, and I'm dedicating myself wholeheartedly to leading at this level. I may not be the first or the last, but being part of Ladies Circle's legacy of kindness and growth is deeply meaningful.

A wise person once told me that leadership can sometimes be a lonely journey, and that's true. But as LCI President, I've realized I'm never truly alone. There's always someone to support me, especially during times when I feel like my wings are heavy.



## WHAT MAKES LADIES CIRCLE SPECIAL IN YOUR OWN WORDS?

Honestly, are there even words to fully capture it?

Ladies Circle is special because it constantly teaches me to be a better person. It's a place of second chances, where love, kindness, and growth are at the core. I've made mistakes and probably hurt some friends along the way, but I look back with pride because I've grown and learned that I can always choose to do better.

Ladies Circle is special because when we come together, we are united as one. Together, we are the most powerful group this world could know. It's so special that I hope my daughter will join as soon as she turns 18, and maybe my sons will join Round Table, too!





# TELL US MORE ABOUT YOUR THEME AND LOGO.

My theme is ***"One Team, One Dream,"*** and it's all about unity and shared purpose. The logo is a butterfly with a woman walking tall beside it. To me, the butterfly represents transformation and growth. Like a butterfly, we each go through stages to reach our full potential, and together, teams can evolve in the same way. The wings represent unity and symmetry, showing that balance and harmony are essential within a team. Each member brings unique strengths, creating a group that is diverse, beautiful, and successful.

The tall, walking woman embodies strength, empowerment, grace, and the unwavering commitment of every Circler. I hope every member stands tall with their crown shining bright, embodying our purpose and our spirit. Together, we soar higher as one team, one dream.

## ANY WORDS FOR YOUR MEMBERS?

Be kind. And always remember: Rise up, be yourself, and spread love. One team, one dream.













*Tasha: The Voracious Reader*



**LAST  
IT  
BREATH**

Lizy watched as Keno, her husband of 10 years, slept peacefully beside her. He snored lightly, often stirring, adjusting his head on the pillow. This was the man she had thought she would spend the rest of her life with, the man she had once trusted with all her being.

Touching her face, Lizy realised she had been crying. Life was not supposed to go the way it had. When and how did it start to go downhill? Wasn't love supposed to last forever?

Lizy knelt on the bed next to her sleeping husband. She wondered how he could sleep so peacefully while she had sleepless nights. Lizy felt insulted by his peace. She felt disgusted knowing everything he had done in secrecy, yet coming back to share a bed with her.

A smirk suddenly appeared on Lizy's face. Raising her hands over her head, Lizy brought them down with the greatest force she could muster. As she did, she heard Keno growl in pain.

\*\*\*\*\*

" Case 472/A. The State against Lizy Mutambi charged with Murder."

Lizy stood up. She seemed to be in a trance, not fully aware of her surroundings. Clad in an oversized t-shirt and chitenge, she looked like a shadow of herself. She barely heard a word that was spoken during the month long trial. All she remembered was the woman who sat in the front row pew, snuggling her baby and crying occasionally.

Short Story.



Lizzy could swear that the few times the woman looked in her direction, she had a smirk on her face.

The woman, Misha, was once a person Lizzy considered her best friend. The two grew up together in a military camp and attended the same primary school. In grade 8 Lizzy was taken to a boarding school while Misha remained at the local secondary school. The distance only made their friendship stronger. They found themselves living in the same hostel at university where the two friends became inseparable.

“Lizzy Mutambi, you are hereby found guilty of the brutal murder of your husband Keno Mutambi. You have been sentenced to life in prison...”, Lizzy could hear the Judge’s voice fade away into the distance. Her mother’s wailing took her attention. Lizzy watched as her mother threw herself onto the ground crying. A court officer went to her, ordering her to compose herself. Lizzy’s mother did as she was told, dusting herself and adjusting the headwrap that had fallen to the side. Her mother’s tears did not move her. Lizzy remembered the countless times she had gone to her mother for help, but was always sent back, scolded for not displaying the resilience that is expected by every married woman.

Keno’s mother requested to make a statement. She was ushered to the docket. With a shaky voice and tears streaming down her face, she looked directly at Lizzy. “My son loved you. He provided you with a life that any woman could wish for. In return, you decided to kill him as he slept. I hope you are tormented by his spirit for the rest of your life.

May you suffer 10-fold the suffering you caused my son.”

Lizzy let out a loud snarky laugh. She could not hold herself. This caused the courtroom to gasp in shock. The audacity that Lizzy had to laugh at a grieving mother, whose son she had killed. What followed next happened in blur. Keno’s mother jumped Lizzy, dragging her to the floor.

Pinned, Lizzy received several slaps to the face before her attacker was pulled off her. Commotion engulfed the whole courtroom, and Lizzy was taken out by the court officer and her court appointed lawyer to the holding cell.

Lizzy found a corner where she sat, resting her head on the wall. Closing her eyes, she brought her knees to her chest and wrapped her hands around them hugging herself. She felt exhausted.

But at the same time, relief.

With tears starting to fall down her face, she smiled broadly. She was finally free. Free to be herself, free from being talked down to, free from being manhandled, free from her body being sexualised and used without her consent.

“Alo, mami. Check yourself.”

Lizzy was nudged by another woman in the holding cell. “What?” she asked.

“Nati check yourself. You are bleeding.”

Lizzy looked down. She saw a lot of blood around her. She tried to stand up, but her legs felt very heavy. The blood around her seemed to be pouring out, from where she couldn’t tell.



Suddenly the room started to spin. Lizy closed her eyes, trying to steady herself. She opened her eyes, but she wasn't in the holding cell anymore. She was on the floor. A wet floor. Lizy touched the water and lifted her hand to see. It wasn't water. It was blood. Her blood. She tried to lift her head and failed. She was too weak.

"Keno, what have you done?" She heard Misha say.

"I don't know." Keno shouted. "I don't know" he mumbled. He sounded like he was pacing around her.

"What happened?" Misha asked, the fear evident in her voice.

Keno took a deep breath. "She found out about us. I don't know how, but she found out. And that I am the actual father of your baby, and not Joe."

Misha let out a shallow sigh. "How did she find out? Has she told anyone else?" Misha could be heard panicking. "I can't let Joe know the truth; he will kill me."

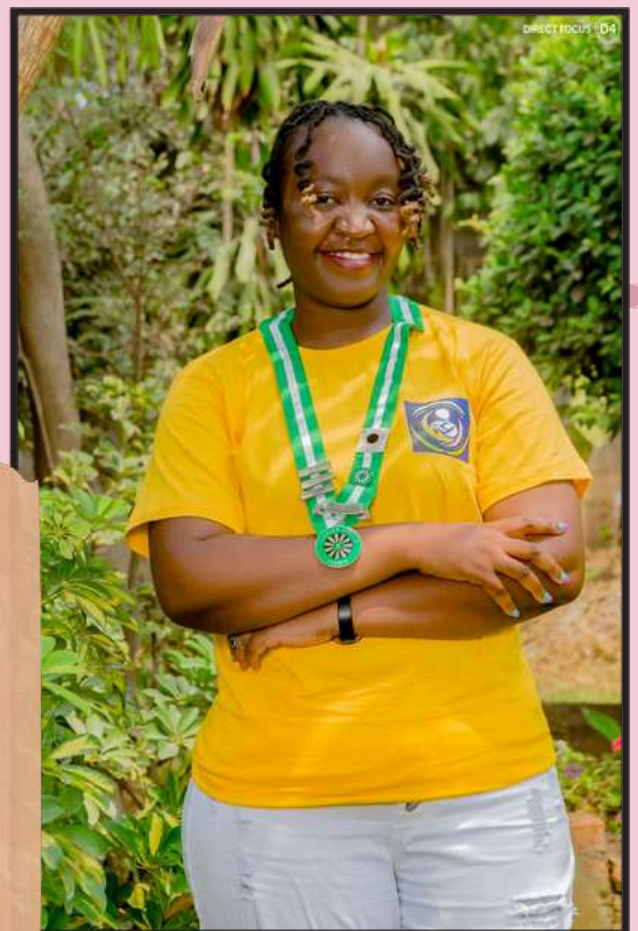
"You are worried about Joe? What do i do now? Help me. She went crazy shouting at me. So, I hit her. She always backs down when I hit her. I didn't know she had run to the kitchen and picked up a knife. It happened all too fast; I didn't mean to stab her."

Keno knelt next to Lizy. Her eyes where now closed. She had lost so much blood that she kept drifting in and out of consciousness. Keno took her hand into his, her pulse was faint, barely felt. "Please wake up Lizy. Wake up." he whispered. "I'm so sorry. I'm sorry. I didn't mean to hurt you. You shouldn't have taken that knife. See what happened."

Lizy opened her eyes. She looked at the man she once loved. The man she had sacrificed everything for. The man she defended each time she was asked why her lip or eye looked swollen. The man she would wait for to come home, welcoming him with a smile despite knowing he had been with another woman. The man she had lost herself for, giving up her dream of furthering her studies and having a career. She had given this man everything. And now he had taken the last thing that she would ever be able to give to him, her last breath.

\*\*\*\*\*THE END\*\*\*\*\*

**Short story by Natasha Kwalombota, Ndola Ladies Circle 5 Chairperson. She is a registered Nurse and Public Health Specialist by profession and currently works for CIDRZ. In her spare time she writes fictional stories. You can find her other stories on her Facebook page Tasha: The Voracious Reader. The short story is inspired by our current National Project and the 16 days of Activism Against Gender Based Violence.**







# MEET YOUR VICE-CHAIRS







## **Why you joined Ladies Circle.**

To contribute towards making a little difference in society

## **What is your favorite thing about your circle.**

They can be a rowdy bunch .

## **Best circle memory.**

Taking part in the prison project . It was quite enlightening.

## **Name one person from another circle that you admire and why.**

Lisha Kufekisa of circle 4 . She has accomplished what others can only dream about .

## **What's your favourite food and drink.**

Coca cola and Fish.







## Why you joined Ladies Circle.

I joined Circle to expand my network of friends who share my passion for helping out people that are less privileged

## What is your favorite thing about your circle.

My favorite thing about Circle is that it forces me to get out of my comfort zone.

## Best circle memory.

My favorite memory in Circle was a family social at Kuzipa .

## Name one person from another circle that you admire and why.

The person I admire in another Circle is Vice President Petronella Zyuulu. She is very supportive of others and has a great work ethic.

## What's your favourite food and drink.



In terms of food my favorite is fish (fresh, dried, smoked) and my favorite drink is the mabuyu drink from Forest Africa.





## Why you joined Ladies Circle.

I joined Circle because of my passion for helping those less fortunate.

## What is your favorite thing about your circle.

My favorite thing about circle 3 is the all around positive energy from the members, we aren't afraid to challenge each other but we're also supportive of one another

## What's your favourite food and drink.

Any pasta dish, and favorite drink is a Malawian shandy.

## Best circle memory.

My best/favorite circle memory was when we went to make a donation at Miwewe community school about 15kms away from Mufulira CBD and our bus had a problem so we were stuck in the bush, we decided to hold our business meeting in the bush, we sat on the ground on fitenges, we shared the little snacks and drinks we had carried and still managed to laugh through the ordeal.

## Name one person from another circle that you admire and why.

Rabecca Phiri of circle 4. I just love her energy, her style, she's always smiling and her overall fun vibe at social gatherings







### **Why you joined Ladies Circle.**

Because I wanted to give back to the community and in my understanding doing it as a group makes a great impact

### **What is your favorite thing about your circle.**

We are very objective in our meetings

### **Best circle memory.**

When we handled over a fully equipped home economics kitchen to Desai primary school in 2019.

### **Name one person from another circle that you admire and why.**

Idah Samulola, former circle 7 and now Agora member. I love her entrepreneurial spirit.

### **What's your favourite food and drink.**

I love nshima with T-bone, beans and visashi (I am a nshima person with a sprite).







## Why you joined Ladies Circle.

I joined Ladies Circle because it has a fulfilling experience, on a social and personal level, providing chances to develop skills such as leadership, public speaking and event management, to give back to the community through charitable work and community service and make lifelong friendships.

## What is your favorite thing about your circle.

My circle is surrounded by supportive, like-minded women who encourage each other to grow, learn, and make a positive impact through our uniqueness and working together.

## Best circle memory.

Best/ favorite circle memory: the 2022/23 AGM held at Tiffany's

## Name one person from another circle that you admire and why.

Petronella Zyuulu she simply just stands out differently. like her unique qualities that she brings to the group through the accounting qualities, the commitment to the works she does, and the way she uplifts others to work hard too.



## What's your favourite food and drink.

a cold fanta and anything made from irish potatoes.







### **Why you joined Ladies Circle.**

Joined circle to give a little I have to the vulnerable and for new friendships.

### **What is your favorite thing about your circle.**

my favourite thing about circle is the smiles we bring and the smiles we get after every donation.

### **Best circle memory.**

my favourite circle memory was the day I got inducted.

### **Name one person from another circle that you admire and why.**

Mwada Mtonga or Circle 10- I think she's free spirited and really admired her commitment when she was National stores convener.

### **What's your favourite food and drink.**

I love everything pasta 🍝 and Jam Jar wine (sweet shiraz)







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## Why you joined Ladies Circle.

I joined circle because the desire to make a difference is what drove me, I believe that we make a life by what we give, we can't help everyone but no act of kindness is wasted no matter how small it may be,

## What is your favorite thing about your circle.

One favorite thing about my circle is Collaboration

## Best circle memory.

My favorite circle memory is the day we were chartered as Solwezi Ladies Circle #9

## Name one person from another circle that you admire and why.

One person from another circle that I admire is Judith Mzyece as she's selfless always willing to help with matters concerning circle and also her contagious smile

## What's your favourite food and drink.

Rice with chicken and fanta.







## Why you joined Ladies Circle.

To network and learn from different ladies from different walks of life.

## What is your favorite thing about your circle.

we have fun together as we support communities in need.

## Best circle memory.

Circle 10 photoshoot, every one was relaxed having a good time whilst we had the shoot. It was an opportunity to know each other outside of the business meeting.

## Name one person from another circle that you admire and why.

council secretary (forgotten her name 🐒)- she's very approachable. Oh yes, Kayula.

## What's your favourite food and drink.



my pallet is diverse, I have a favorite snack roasted groundnuts.





# LCZ CIRCLER TO ADMIRE.

The “Sylvia Bwalya Mwansa Circler To Admire” Trophy was initiated by Past LCI President and LCZ Life Member in 2008. The award is bestowed upon a remarkable member of the Association who exemplifies dedication, inspires others and goes above and beyond her circle. Circlers need to believe in you. She aimed to find circlers who were hard workers, who would carry on the work of LCZ and build capacity to serve at any office they wanted.

## F

- 2008/09: Charity C Kavamba, Lusaka Ladies Circle. No.4
- 2009/10: Kalenga D Mulenga, Lusaka Ladies Circle No.1
- 2010/11: Janet Bwalya Lombe Chileshe, Lusaka Ladies Circle No.4
- 2011/12: Esther N Billiouw, Lusaka Ladies Circle No. 1
- 2012/13: Lukachi BC Mwale, Lusaka Ladies Circle No.4
- 2013/14: Manda Lombe Musonda, Lusaka Ladies Circle No.1
- 2014/15: Jenipher C Mhlanga Ladies Circle No.4
- 2015/16: Mwate C Van Riet Velde, Lusaka Ladies Circle No.2
- 2016/17: Patricia N Kalenga Banda, Lusaka Ladies Circle No.2
- 2017/18: Rose K Nkombo, Ndola Ladies Circle No.5
- 2018/19: Chungu Mwila, Lusaka Ladies Circle No.1
- 2019/20; Bridget K Msoni, Lusaka Ladies Circle No.4
- 2020/21: Petronella C Zyuulu, Lusaka Ladies Circle No.4
- 2021/22: Piia Ngambi, Solwezi Ladies Circle No.9
- 2022/23: Sandra Malupande, Lusaka Ladies Circle No.2;
- 2023/24: Agatha Muimui, Kitwe Ladies Circle No.3
- 2024/25: Hazel Bwalya, Lusaka Ladies Circle No.2

*“Aspire to Inspire”.*

## Fun Fact:

*Lusaka Ladies Circle No.4 has produced the highest number of CTAs at 7 out of 17; with Lusaka Ladies Circle No.2 in 2nd place with 4 winners.*





# FOCUS ON ALPHA CIRCLE- LADIES CIRCLE NO.1

Lusaka Ladies Circle No.1 was chartered on the 30th of July 1983. The Charter Chairperson was the Late Irene Kabwe and her vice chairperson was Monica Chiumya who the famous clinic now called St. John's was named after by her husband in her memory.



## FEMALE PRISON

Mother of millions donation:

We renovated their classroom, painted the cell holding mothers, and also donated books for the library

## CDH - UTH

Cancer disease hospital donation of various items.

A container to be used as an office was also donated.

## SANI FOUNDATION

Sani foundation donation:

We donated various food stuff, kitchen utensils, chairs and computers.

”

*I like circling because of the positive and meaningful difference we make in the lives of others through the various donations we make. Circling also gives me a sense of purpose and fulfilment because in a small way I am giving back to society.. I have also improved my networks and built relationships with so many ladies who have similar interests.*

*Circle is fun if you make it fun!*

*Kondwani Phiri , Past Chairperson (joined July 2016)*

*The feeling of fulfilment I get from helping people in need with my circle sisters is unmatched. The fact that we can make a difference be it big or small is what I love most about circle.*

*Namwila Kaunda, Member (joined July 2022).*

”

*Circling... It's the freindships that I have built that will last a lifetime , a sisterhood of women that will love you and hold your hand in the storms of life . I cannot even begin to describe the immense fulfillment*

*I get from seeing the smiles and appreciation of the communities we help . This is why I love Circle ..*

*Tiza Mumbi, Vice Chairperson (Joined April 2021)*

*I joined ladies Circle in 2015, and this was simply because of my love for giving back to the community and the less prevaliaged people .*

*Having found young ladies of like minds doing great things while creating lasting friendships was an added advantage.*

*I am proud to say that i have never regretted my decision since then. Sandra Chiluba, Past Chairperson.*



A close-up photograph of a white plate filled with penne pasta. The pasta is coated in a thick, yellowish-orange creamy sauce. Interspersed among the pasta are pieces of cooked meat, possibly chicken or pork, and small green herbs. The lighting is warm, highlighting the texture of the pasta and the sheen of the sauce.



# Ntamyo's simple grilled Chicken.

## W H A T   Y O U   N E E D .



1. Black pepper
2. Chicken spice
3. Salt
4. Brown sugar
5. Tomato sauce
6. Oil
7. Chicken

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## W H A T   T O D O .

1. Boil your chicken with black pepper, chicken spice and salt (to your liking) for 10 minutes.
  2. When its ready, drain the water out.
  3. IN a bowl, mix the sauce and sugar to make a smooth paste and smear it onto the chicken.
  4. Put it in an air fryer or grill for 15 minutes and keep turning the chicken through out.
  5. Enjoy!
- 

By Ntamyo Chibawe of Kitwe Ladies Circle  
No. 3



# Precious: Rih fritters

## W H A T   Y O U   N E E D .



1. 2 cups flour
2. 2 eggs
3. 1 cup milk
4. 1/2 a cup of sugar (less or more if you wish)
5. 2 leveled teaspoons of baking powder
6. Salt to taste
7. Essence
8. Enough cooking oil to deep fry

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## W H A T   T O   D O .

1. Sieve all the dry ingredients together except the sugar
2. In a bowl break the eggs and add the sugar. Mix well till the sugar dissolves. Add the milk and essence.
3. Put a suitable saucepan on the stove and add the oil to heat
4. In the meantime add the dry ingredients to the liquid mixture in a circular motion preferably using a cooking stick
5. N.B: The batter should neither be too light or too thick. So you can either add more milk or more flour to have the perfect mix
6. When the oil heats up use a tablespoon dipped in oil to scoop out the batter to fry. One levelled scoop is enough as big ones don't cook as well as the small ones. Keep turning them until golden brown.



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*By Precious of Ndola Ladies Circle No. 5*



# Salva's Creamy Peri-Peri chicken

## WHAT YOU NEED .

- |     |                                               |
|-----|-----------------------------------------------|
| 1.  | 7 CHICKEN PIECES                              |
| 2.  | 1 TABLESPOON OF OIL                           |
| 3.  | 1 TABLESPOON OF SEVEN COLOURS GRILL SEASONING |
| 4.  | 1 TEASPOON OF PAPRIKA                         |
| 5.  | 1 TEASPOON OF MIXED HERBS                     |
| 6.  | 2 TABLESPOON OF BUTTER                        |
| 7.  | 1/4 CUP OF HOT SAUCE                          |
| 8.  | 250ML FRESH CREAM                             |
| 9.  | 1 TEASPOON HONEY                              |
| 10. | 1 TABLESPOON WORCESTERSHIRE SAUCE             |
| 11. | 1 TEASPOON PARSLEY                            |
| 12. |                                               |

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## M E T H O D .

1. Wash and pat dry the chicken.
2. Drizzle chicken with oil and season generously with seven colours grill seasoning, paprika and mixed herbs and rub.
3. Bake in a shallow casserole dish or baking tray for 30 to 35 minutes at 180 degrees celsius
4. Remove chicken from dish and set aside.
5. For the sauce, heat the stove to medium heat. In the same casserole dish, add butter, hot sauce, cream, honey and worcestershire sauce.
6. Once the sauce the thickened, return the grilled chicken to the dish and simmer for 3-5 minutes and garnish with parsley.



By Salva Simachela of  
Ndola Ladies Circle No.5



# Bwembya's Pasta Salad

## INGREDIENTS

*By Bwembya of Ndola  
Ladies Circle No.5*

- 1/2 medium red onion, finely chopped
- 200g dried short pasta, such as rotini
- 200g cherry tomatoes, halved or quartered
- 1 small English cucumber, quartered lengthwise, then thinly sliced crosswise
- 100g mini mozzarella balls, drained and halved
- 100g salami slices, cut into 1/2-inch-wide strips
- 1/2 cup olives, halved
- 1/4 cup coarsely chopped fresh parsley leaves



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# GET TO KNOW YOUR CONSTITUTION AND GUIDELINES.

## GODPARENT RESPONSIBILITIES IN ESTABLISHING A NEW CIRCLE.

By Lusekelo Mwafulilwa, Immediate Past President.

### Definition of a Godparent Circle

A godparent Circle is an established Circle responsible for helping set up a new Circle. A new Circle can only be formed in collaboration with an existing Circle or a Round Table.



The godparent Circle must inform the Immediate Past President, who serves as the Extension Officer, of any town, city, or area identified as having the potential for a new Circle. The Extension Officer will oversee the process and support the godparent Circle as necessary.

### Responsibilities of the Godparent Circle

Provide Meeting Support: Assist the new (godchild) Circle during its meetings to ensure effective and organized discussions.

Project Guidance: Offer support and guidance as the godchild Circle undertakes projects.

Chair Meeting of Interest: Preside over meetings of special interest with the godchild Circle to foster strong development.

Ensure Meeting Documentation: Verify that the godchild Circle maintains transparency by sharing meeting minutes.

Apply for Circle Inauguration: Submit a request to the Immediate Past President for the formal inauguration of the new Circle. This can be done after six business meetings or once a strong core group of prospective Circlers has been established.

Manage Financial Transactions: Oversee all financial dealings for the Circle in Formation, including fundraising events. The godparent Circle is responsible for recording these transactions and providing a comprehensive financial report to the newly inaugurated Circle.

Host Fundraising Events: Organize and host fundraising projects on behalf of the Circle in Formation.

Guide Charter Meeting Preparation: Offer guidance and support in planning the Charter meeting for the official establishment of the new Circle.

The godparent Circle's role is essential in ensuring the successful formation and sustainability of new Circles within the organization.



## Meet LCI Africa Region's newest Associate Member

**R**



Ladies Circle Malawi was officially chartered on 9th November 2024 in Lilongwe at the Farmers; Daughter at Kumbali Lodge. A journey that began in 2019 came to wonderful fruition with Ruth Namvula inaugurated as Charter President.

The colourful event was graced and officiated by the Ladies Circle International President, Lisha Kufekisa. Supporting her were members of Godparent LC Country Zambia led by Vice President Petronella Chilwesa who was accompanied by Board Members Lailah Lungu and Patricia Kalenga Banda; Chairpersons Lorraine Lungu and Agatha Muimwi and members Chabala Mabeta, Mwada Mtonga, Victoria Mwanza, Mwango Gondwe and Agatha Butemwa. The ladies also received considerable support from local side by side partners with the Round Table Malawi President, Roundtable Lilongwe Area Chairman and 41 Club Chairperson all attending with some of their members and partners.

The President's theme for the year is "Rise and Shine" and she is excited for the work that the ladies of Malawi will do to make a difference in their community. During the trip, LC Malawi hosted a visit to Silver Bells Foundation, their project focus and introduced the ladies to the proprietor Thelma who is passionate about transforming her community and helping the children around her. We are excited to see what lies next for LC Malawi and wish them the very best in their circling journey.

**WELCOME TO THE SISTERHOOD!**









**21 > 22 FEBRUARY 2025  
HARARE**

**2025 MTM**

# MEET ME IN ZIMBABWE



## PROGRAM

**21 FEBRUARY 1800-2200**

**OPENING NIGHT  
HARARE**

**22 FEBRUARY 0900-1200**

**MTM MEETING  
BUSHMAN ROCK  
RUWA**

**22 FEBRUARY 1230-1330**

**LUNCH  
BUSHMAN ROCK  
RUWA**

**22 FEBRUARY 1330-1430**

**WINE TASTING  
BUSHMAN ROCK**

**22 FEBRUARY 1830-2200**

**GALA DINNER  
BUSHMAN ROCK  
RUWA**

**22 FEBRUARY 0900-1230**

**PARTNERS ACTIVITY  
TBA**

[mtm2025@ladiescirclezimbabwe.org](mailto:mtm2025@ladiescirclezimbabwe.org)  
+263772907257



# MTM 2025 CONVENING COMMITTEE



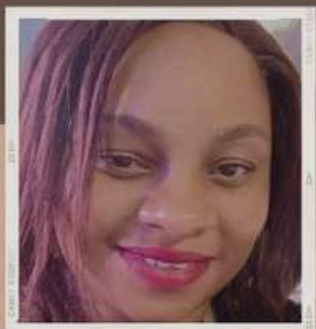
Chiedza Kadare



Thembi Dube , Convener



Nyaradzo Viki



Fari Chaniwa



Avelyn Corbett



Pam Boka



Gillian Coles



Tino Chiweshe



Cheryl Handitye

[www.ladiescirclezimbabwe.org](http://www.ladiescirclezimbabwe.org)  
#meetmeinzeimbabwe

*Hello Ladies,*

*Come and join us as we refresh and recharge in a different ambience home away from home. Bring out the child in you as we explore the activity parks. Lots of fun, lots of engagement. Meet the sister you never knew existed, socialise and build new connections. Our programme is set to make sure your mind is relaxed and you go back home recharged to make a difference in the charity world. Come earlier and explore the love flower fields, animal parks, adventure parks and more. HARARE we do not sleep!!!! Lots of night life fun and happiness. See you soon!!!!*

*With Love,*

*Thembi Dube - Convener*

*Hey Ladies!*

*I'm thrilled to invite you to our Midterm Meeting 2025 in Harare, Zimbabwe from February 21-23! We can't wait to host you and share an unforgettable experience filled with meaningful connections, inspiration, and fun! Our opening night will be lit, and we've got an exciting wine tasting afternoon and gala dinner at the stunning Bushmen Rock Resort lined up. Join us for a weekend of laughter, learning, and celebration with fellow Ladies Circle members. We're looking forward to welcoming you to Harare!*

*With Love,*

*Nyaradzo Viki LC Zimbabwe President*



# CORPORATE GOVERNANCE IN A SERVICE CLUB.

Corporate governance refers to the system of rules, practices, and processes by which an organization is directed and controlled.

While often associated with corporations, the principles of corporate governance are equally vital in the context of service clubs.

Service clubs, such as Rotary, Lions, Roundtable or Ladies Circle, are nonprofit organizations that aim to provide community service, promote goodwill, and support various charitable causes. Effective governance in these clubs is crucial for several reasons.



## Transparency and Accountability

Good corporate governance establishes a framework of transparency and accountability. Service clubs often rely on donations and volunteer efforts, making it essential for members and stakeholders to trust that funds are being used appropriately. By implementing clear policies and procedures, clubs can ensure that all activities are transparent, which fosters trust and encourages more significant support from the community.

## Strategic Decision Making

Effective governance structures enable service clubs to make informed and strategic decisions. A well-defined governance framework clarifies roles and responsibilities, ensuring that decision-making processes are efficient and inclusive. This strategic approach helps clubs align their activities with their mission and objectives, leading to more impactful community service initiatives.

## Membership Engagement and Retention

Corporate governance can enhance member engagement by promoting inclusivity and participation in decision-making. When members feel their voices are heard and valued, they are more likely to remain active and committed to the club. Regular communication, feedback mechanisms, and clear governance structures can foster a sense of belonging and ownership among members.

## Enhanced Reputation and Public Trust

A service club's reputation is vital to its success. Effective corporate governance enhances the club's image by demonstrating a commitment to ethical practices, accountability, and community engagement. A strong reputation can lead to increased support from donors, volunteers, and community members, amplifying the club's ability to fulfill its mission.

**“People’s participation is the essence of good governance”.**



The Author, Petronella Chilwesa, is a member of the Institute of Directors of Zambia (IoDZ) and currently serves on its Board of Directors. She chairs the Finance and Administration Committee and Co-Chairs the Corporate Governance Development and Training Committee of the IoDZ.



# MEET LCZ'S LONGEST SERVING CIRCLER



**TELL US MORE ABOUT YOU AND YOUR CIRCLING JOURNEY?**

*My name is Judith Mzyeche and i belong to Lusaka Ladies Circle No.7. I joined circle in 2008 and I was inducted at the second OCM by LCZ Past President Mulenga Chatta. In 2012 I went on leave of absence and eventually resigned because I was in school in Capetown. I was re-inducted in 2014.*

**WHAT HAS KEPT YOU IN CIRCLE ALL THIS WHILE.**

*I have continued circling because Circle has provided me wonderful opportunities for networking and fellowship.*



**WHO INTRODUCED YOU TO CIRCLE AND WHY DID YOU DECIDE TO JOIN?**

*Past President Mazyanga Liwewe introduced me to Circle, (LLC4). I decided to join Circle because I wanted to be part of this network of like minded women who had progressive ideas.*

**FAVOURITE INTERNATIONAL TRIP**

*India where Lisha became LCI Vice President*

**ADVICE IN A SENTENCE FOR A NEWBIE CIRCLER**

*They say what you put in is what you get, sometimes it is not like that, never lose the drive of why you joined.*

*“Best Circling memory is when I lost my sister whilst I was at a conference in the USA. Everyday at the funeral the circlers were present. They came to pick me from the airport. That was a life defining moment for me, I had lost my sister and best friend and gained friends who gave themselves as sisters. “*



# Meet Circle 3's Longest serving circler

Hello, my name is Lusekelo Mwafulilwa, Immediate Past President and I belong to Kitwe Ladies Circle No 3. I was inducted into circle in 2014 by Past LCZ President and now Agora member Mulenga Chatta.

**What has kept you in circle all this while**  
Passion to serve the under privileged.

**advice in a sentence to a newbie circler**

Remember the reason why you joined Ladies Circle and be your own person.



**Who introduced you to circle and why you decided to join**

My Parents. my Dad was a Tabler and my Mum was a Circler.



**Best circling experience or memory**

It's hard to choose just one moment, but every visit or donation we make to the Circle Project is special. Seeing the smiles and tears of joy is incredibly heartwarming.



# Meet Circle 2's Longest serving circler

Hello, my name is Patricia Kalenga Banda, LCZ National Treasurer and i belong to Lusaka Ladies Circle No 2.  
I was inducted in March 2011 by LCZ and Agora Past President Constance Njovu in her home.

## What has kept you in circle all this while

Circle is now more than just an organization I belong to, I've been a Circler most of my adult life as I was 21 when I joined. All my milestones, from graduating from university, getting married to having children have been supported by the amazing women I have meet along the way. I have created strong friendships within circle and I wouldn't imagine myself as not a Circler, if you know what I mean. It is now part of my identity.

## advice in a sentence to a newbie circler

Circle has many advantages, leverage them.

## Who introduced you to circle and why you decided to join

My sponsor is Twaambo Kalenga Chirwa, my aunt. She introduced me to circle as a way for us to spend more time together and we did.



## Best circling experience or memory

Memories are too many to pick just one but memories of my first LCZ AGM in Siavonga, were "Young Blood" was born. I gained sisters and friends for life.



# Meet Circle 4's Longest serving circler



Hello, my name is Otridah Kapona, Past National Projects Convenor and I belong to Lusaka Ladies Circle No 4. I became a member in February 2011, inducted by the then President, Faith Kauseni & been proudly circling since 😊

## Who introduced you to circle & why you decided to join

I learned about circle from a colleague, Judy, who was already a member. Fresh from Uni, I didn't have much to do with my weekends, so one Sunday, she invited me to a business meeting in Chilanga hosted by former Circler Christabel. I decided to join because giving back to my community has always been something I cherish, dating back to my university days when I would visit local orphanages and donate what little I could. Ladies Circle offered me the opportunity to continue this passion alongside like-minded women in a more impactful way.

## What has kept you in circle.

It is really selfish reasons 😊.....Circle enriches my life. The joy of giving—whether it's through financial support, time, or personal effort—is beyond measure. Nothing gives me as much joy as getting up to wash people's cars/ dress up to go to a fundraising dinner to raise money for those less privileged than I am. Like Mahatma Gandhi said, The best way to find yourself is to lose yourself in the service of others 😊



**Favourite international trip:**  
My 1st LCI trip to Sonderborg in 2017

## Best circling experience/memory.

The love & sisterhood I experienced when Past President Rose Kamwanya Nkombo hosted us during my 1st trip to the OCM in Ndola & My 1st National project visitation to Kansenshi female prisons. It was my early days as a circle, but I have never forgotten the sense of belonging I felt

## Advice in a sentence to a newbie circler

If you find joy in serving others, you are exactly where you need to be. Find your balance & be your authentic self. Know that even if our motto is friendship and service, not every circle is your friend/ sister 😊. Happy circling, we look forward to seeing you blossom in service.







# LADIES CIRCLE ZAMBIA

## 2nd Open Council Meeting 2024/25

Hosted by Kitwe Ladies Circle No.3



'Embracing Empathy With an Open Heart'.



Nov 16th, 2024



9 AM - 1 PM

Venue: Garden Court Hotel Kitwe

## PHOTO FOCUS.

**2023-25 NATIONAL  
SERVICE PROJECT  
KITWE DONATION**

**2024/25 2ND  
OPEN COUNCIL  
MEETING - KITWE**

*"Grateful to everyone that attended the OCM, most especially the Board for the support and KLC3 members for their tireless efforts in making it a success"*

*Your Convenor,  
Kitwe Ladies Circle No.3 Vice Chair  
Towela Mazingaliwa*

*The 2024/2025 2nd National Open Council Meeting came to the Copperbelt.  
The Experience was beautiful as Circlers clad in Kitwe Town leaving a remarkable experience.  
Your host,  
Kitwe Ladies Circle No.3 Chairperson,  
Agatha Muimui*







# TANGENT CLUB ZAMBIA MESSAGE.

Dear Ladies Circle Members,

Allow me to tell you a little story about Tangent Club more specifically, Tangent Club Zambia. Tangent Club Zambia is a full member of Tangent Club International.

“Tangent Club International (TCI) is an international umbrella association of Tangent Clubs worldwide. In Tangent Club International, we empower women through friendship, and we wish to pursue the best we gained from Ladies’ Circle International – friendship, unity, and the LC-spirit. Tangent Club is a natural extension to Ladies’ Circle, so the friendships and networks established at Ladies’ Circle can be maintained when the upper age limit of Ladies’ Circle is reached as well as a wife or female partner of a current or past member of Round Table family. You can see friendship may be experienced, locally, nationally and internationally and all include a mixture of fellowship, friendship, fun and fundraising. It is a remarkable experience sharing a bond with ladies from different parts of the globe. We are part of ROUND TABLE FAMILY and working Side by Side with Ladies Circle, 41 Club, Round Table and Agora International.”



Tangent Clubs Zambia (TCZ) has two clubs – Copperbelt (Ndola & Kitwe) and Lusaka

Our Motto as aligned to the TCI motto “Let Friendship Continue” is “Continued Friendship”  
Our Aims and Objects are

- To promote and strengthen international friendships established through Ladies Circle International.
- To promote, encourage and support new international friendships between Tangent Clubs worldwide.
- To assist LCI wherever and whenever called upon.
- To work side-by-side with the Round Table Family.
- To be non-political and non-sectarian.

About 2024 – 2025 year

President’s theme - Busya Nyali (Light up a lamp) to light up a Life

Ø The lamp symbolizes hope, and lighting it reflects the importance of bringing hope to those in need, whether through small gestures or larger initiatives.

Ø The metaphor of lighting a lamp suggests that through acts of empathy, kindness, and support, we can bring light to others.

Ø The theme emphasises collective responsibility. Just as lighting a single lamp can illuminate an entire room, individual actions can collectively contribute to a better society. Helping others can ripple outward, affecting communities and inspiring more positive change.

Ø The theme encourages us all as individuals or collectively to take steps to uplift others



# TANGENT CLUB ZAMBIA MESSAGE.

While as Tangent Club we don't have specific projects we can light up the lives of the underprivileged by supporting Ladies' Circle and Table projects, and indeed among our membership in the Round Table Family through continued friendship

## Leadership

President – Mazyanga Lucy Mazaba Liwewe; Immediate Past President Joyce Sikapite; Vice President – Doreen Mwafuliwa; National Secretary – Chisanga Chituta; National Treasury – Costina Mpubula; National Stores – Lukachi Chandwa Mwale; Public Relations – Bwalya Lombe Chileshe.



**Councillors to the Board** – Copperbelt Chairperson Dorcas Phiri; Copperbelt Vice Chairperson Patricia Ngandu; Lusaka Chairperson Mutinta Shisholeka; Lusaka Vice Chair Sella Mwanambale; Advisors to the board – PP Mulenga Tembo; PP Julie Mweemba; Tangent Chinyama Miyoba

Yours in continued friendship  
Mazyanga Lucy Mazaba  
National President





# SIDE BY SIDE PHOTO FOCUS.





# BREAST CANCER AWARENESS.



October is Breast Cancer Awareness Month and we encouraged our members to show love and care to breast cancer patients and caregivers by doing some of the following:

1. **Offer emotional support:** Listen to their feelings and concerns without judgment. Let them know that you are there for them and that they are not alone.
2. **Provide practical help:** Offer to run errands, cook meals, or help with household chores to alleviate some of their stress.
3. **Be present:** Attend medical appointments with them, visit them during treatment, or simply spend time with them to provide companionship.
4. **Educate yourself:** Learn about breast cancer and its treatments so that you can better understand what they are going through.

By showing love and care through these gestures, you can provide much-needed support to breast cancer patients and caregivers during their journey.

#PinkOctober #BreastCancerAwarenessMonth #embracingempathywithanopenheart  
#oneteamonedream

National PR Team - Womba Chiyaka and Faith Mutumbo







# FUNDRAISING DINNER



Join us for a delightful evening of good food, great company, and impactful conversations  
@ the Roundtable Family Annual Charity Fundraising Dinner



**7th December, 2024**

Venue: Protea Hotel, Ndola

Time: 18:00 hrs

Ordinary Ticket: K600

Corporate Ticket: K1,000

**RSVP**

Petronella +260 97 7329439

Chanda - +260 96 3632363